

Rules for the Sports of the 2013 World Transplant Games



Revised September, 2012

Conditions of Entry

Entry is open to all recipients of life supporting allografts and hemopoetic cell transplants from other individuals or species which require or have required the use of immunosuppressive drug therapies. Competitors must have been transplanted for at least 1 year, with stable graft function, be **medically fit** and have trained at the events in which they have entered. If a potential competitor has been transplanted for at least 6 months, with stable graft function, has been training and has permission from his own doctor, his entry may be considered by the WTGF medical committee and be allowed.

Ideally, each nation will have selected its best competitors and ensure that they are medically fit, without significant complications of chronic organ failure or immunosuppressive therapy. Before competing, each competitor must send back a "waiver" form with his sport registration, which states that he has knowledge of the rules and of the difficulties of the event and of the medical requirements of the WTG. In addition, all forms, including a WTGF medical certificate and a statement by participant form for each competitor, **must** be submitted at least one month before the start of the Games. The medical certificates will be reviewed by a representative of the WTGF and, if deemed unsatisfactory, that competitor may be barred from competition. The medical certificate must be fully filled out and signed by a transplant doctor.

Competitors of one nationality who live permanently in another country may compete for their country of permanent residence if they wish. Competitors who have been transplanted in a country other than their country of permanent residence may compete for the country where they were transplanted if that team agrees to accept them. Competitors may not switch once a decision is made except if one of the two conditions above changes.

Competitors are expected to understand and be familiar with the WTGF Rules for the World Games and for their sport. At all times, participants must respect the etiquette and traditions of the sport/discipline. This includes being properly dressed and equipped and conducting themselves in a sportsmanlike manner.

All registration materials must be reviewed by the team manager prior to submission.

Entry forms must include a signed declaration that each competitor is fit and has trained for the events entered.

Age Groups

Athletes will compete by gender in the following age groups: 18-29, 30-39, 40-49, 50-59, 60-69, and 70 and over. In doubles events that are age-categorized, the age groups are under 30, 30-49, and 50 and over. Age on the day of the Opening Ceremony of the Games will apply.

Juniors will compete in events designated as junior events by gender in the following age groups: 5 years and under, 6-8 years, 9-11 years, 12-14 years and 15-17 years. Juniors 16 or 17 years of age are permitted to compete in adult age events, but must continue in that age category for any other event in that discipline, i.e. swimming, athletics.

Volleyball, the relay events in track and swimming, all mixed doubles events, and the team event in the road race will be one open age category - i.e., no age classifications. All other events are to be age categorized. In doubles events that are age-categorized, if the members of a team are in different age groups, the team will be classified in the younger age group

Competitor numbers or identifications for each age group shall be identified by a distinct color so that competitors will be able to easily determine each other's age group during competition. Each competitor will have a unique number for the duration of the Games.

Medals

Medals are awarded to the top three competitors in each age group. A competitor must be deemed to have competed according to the rules of his sport in order to earn a medal.

In events which involved classification before competition (racquet sports, volleyball), duplicate bronze medals will be awarded to both losing semi-finalists.

The top three finishers in a junior age bracket will receive medals.

Entrants

There will be a separate heat for each age group if eight or more individuals compete. If there are fewer than eight individuals or in other cases, age groups may be combined in the interests of competition and meet management, but medals will be awarded as per the age groups of the Games. If an event is scheduled with heats and finals and the heats "scratch down" to a final, the final will be held at the scheduled time for the final.

All events may have a maximum number of competitors. Entries will be processed on a first-come, first-served basis. When the maximum number is reached, no additional entries will be allowed in that event.

Athletes will be allowed to enter a total of five events, in addition to the swimming and track relay events.

Athletes may not enter events that take place at the same time and in different venues. Failure of an athlete to appear at any event when called will result in the athlete being scratched or eliminated from that competition. There will be no appeal of any disqualification for failure to appear.

Competitors are required to verify scores, sign scoresheets, etc. as per the usual and customary practices of their sport.

For events with more than one competitor, e.g. doubles and relays, each team must consist of members from one nation only.

If a country is permitted to enter more than one team in an event, only one team is able to earn a medal unless otherwise indicated in these Rules.

It is not permitted to change doubles partners after the entry deadline, except for medical necessity. In that case, the new partner must be from the same country, must be medically cleared for the event, and must not compete in more than five events as stated above.

An athlete cannot withdraw from one event in order to compete in another after the entry deadline.

Lists of registered competitors in each event must be sent electronically to each country's team manager at least one month before the event. Within seven days, the team manager must immediately inform the LOC of any errors or omissions. At each venue, there must be a list of all registered entrants for each event on that day. Only those who have registered for that event may compete. No last minute entrants will be accepted.

Start lists must be issued two days prior to each event taking place (ideally at the Team Manager Meeting) in order that the entries may be checked and corrections made.

Seeding

Seeding should be used in all events to ensure the fairest competition possible.

In all events, to insure the fairest competition possible, the entries should be formatted using standard procedures. The following factors should be considered (in this order):

1. medalists from the previous World Games;
2. performances from the previous national games (in evaluating national games, the strength of the competition - quality and size--should be considered);
3. other pertinent information.

Time permitting, preliminary round competition will be in small "round robin" pools with the top finishers advancing to the next round.

Sports and Events

BADMINTON

Rules: Tournament will be governed by International Badminton Federation rules (<http://www.internationalbadminton.org/page.aspx?id=10513>), except as modified herein.

Format: Competition in men's and women's singles and doubles and mixed doubles (single open category, one set of medals); competition in junior boy and junior girl singles and open junior doubles (no age groups). After preliminary round(s), single elimination tournament. *Note—per rules adopted in 2009, matches now are best of three games to 21, rally scoring.*

Equipment: Feather shuttlecocks will be provided. Racquets will not be provided; you must bring your own.

CYCLING

Rules: The event will be governed by International Cycling Union rules (<http://www.uci.ch/templates/UCI/UCI2/layout.asp?MenuId=MTkzNg>), except as modified herein. All races will be videotaped as part of the scoring/timing effort.

Format: 5 kilometer closed course time trial and 20 kilometer road race.

5 kilometer time trial—the winner in each age group will be the individual with the lowest elapsed time. Juniors are permitted to compete in the 5 Km event.

20 kilometer road race--some age group races will be combined in the interest of competition, but it is recommended that no race contain more than 25 athletes. Juniors are not permitted to compete in the 20 Km event.

Equipment: Bicycles will not be available for rent; you must bring your own. Helmets must be worn. Bicycles must be in a safe and rideable condition. There will be a mandatory safety inspection for all competitors. Aerobars are not permitted in the road race; they are permitted in the time trial. Colored bibs worn on the back will be used to differentiate the age groups. Timing chips are to be used for scoring.

GOLF

Rules: The event will be governed by the Royal and Ancient Golf Club of St. Andrews (R&A) Rules (online rules at <http://www.randa.org/index.cfm?action=rules.rulesub.rulespage>) except as modified herein. Events are men's and women's singles, and doubles (pairs) teams. Teams may be mixed gender, no age groups.

Format: For the individual events: in the gross (scratch) division, golfers will compete in an 18-hole stroke-play individual tournament by age group. In the net (handicap) division medals for the individual competition will be awarded in the following handicap groups: 0-8, 9-16, and 17-25. Ties will be resolved by ranking the holes by difficulty and then comparing the scores one at a time until the tie is broken. Golfers cannot earn medals in both the gross and net divisions; should a golfer qualify for a medal in both the gross and the net division, he or she will be awarded the higher ranking medal (ex. gold, then silver, then bronze), and the other division's results will then be adjusted.

For the team event, two players from the same country may nominate for the team event; there is no limit on the number of teams from a country. This event is not age specific and will be conducted as an open event with men, mixed or ladies combinations eligible. Medals will be awarded for the best team (aggregate) score in gross and net. Should a pair qualify for a medal in both the gross and net divisions, they will be awarded the higher medal.

To compete in the net division, acceptable proof of handicap must be submitted—there will be no exceptions. To be acceptable, the certification must be during the previous three months and must be from a recognized authority. **The WTGF reserves the right to refuse any certification for any reason at its sole discretion.** Competitors may only bring an updated certification on the day of the event if there is a way to verify it independently (web site, etc.). A handicap of up to 25 for both men and women will be allowed.

Equipment: Players to provide own clubs. The Mt. Edgecombe Country Club Course One has a course rating of 72.

LAWN BOWLS

Rules: Tournament will be governed by World Bowls Board (<http://www.worldbowlsLtd.co.uk/laws/index.html>) rules except as modified herein.

Format: Competition will be in singles (**by age group**) and pairs (**not by age group**); the tournament will be a round robin format with top players/teams advancing to semi-finals and finals. Length of singles games will be based on a point system and the length of pairs games will be based on a certain number of ends to be determined by the number of participants.

Equipment: Competitors are encouraged to bring their own bowls. Competitors must wear flat shoes; bowling shoes are not mandatory however shoes with heels are prohibited.

PETANQUE

Rules: The event will be governed by International Federation Petanque rules (<http://www.usapetanque.org>), except as modified herein.

Format: Competition in men's and women's singles, and men's and women's doubles.

Equipment: Competitors are encouraged to provide own boules.

5KM ROAD RACE

Rules: The event will be staged over a road course. Every effort will be made to provide maximum security for the competitors. Water will be available as dictated by the course but ideally at approximately 2/3 of the course distance. Men and women will compete over 5 kilometers. Events are men's and women's individual (by age group) and men's and women's team (not by age group). The time permitted for races will be the winner's time plus 30 minutes; after this time, the race is over and timing will cease. Timing chips will be used.

Format: The individual medalists will be the first three finishers in each age group. The team medalists will be determined by adding the combined times for the first three individuals of each gender from each country, with the lowest combined time the winner.

SQUASH

Rules: The event will be governed by World Squash Federation rules (<http://www.worldsquash.org/rulescontents.html>), except as modified herein.

Format: Competition in men's and women's singles; competition in junior's singles. All games will be the best of five games to 9 points.

Equipment: Players to provide own racquets. Safety glasses must be worn; players to provide own glasses. Balls will be provided.

SWIMMING

Rules: The event will be governed by Federation Internationale de Natation (FINA) rules (http://www.fina.org/project/index.php?option=com_content&task=view&id=45&Itemid=119), except as modified herein.

Format: The following events will be held: freestyle (50, 100, 200, 400), breaststroke (50, 100) backstroke (50, 100), butterfly (50), 200 individual medley, 4x50 m freestyle relay, and the 4x50 m medley relay. Preliminary rounds of timed heats if necessary, eight fastest times to final. Junior events are designated below*. The competition schedule is as follows:

First Day

200 Freestyle (200 juniors 12-17)*

50 Butterfly (50 juniors 12-17, 25 11 and under)*

100 Breaststroke
 50 Backstroke (50 juniors 12-17, 25 11 and under)*
 100 Freestyle (juniors 12-17, 50 11 and under)*
 4x50 Freestyle Relay (women)
 4x50 Medley Relay (men)

Second Day

400 Freestyle
 50 Freestyle (50 juniors 12-17, 25 11 and under)*
 200 Individual Medley
 100 Backstroke (100 juniors 12-17, 50 11 and under)*
 50 Breaststroke (50 juniors 12-17, 25 11 and under)*
 4X50m Medley Relay (women)
 4X50m Freestyle Relay (men)

TABLE TENNIS

- Rules:** Tournament will be governed by International Table Tennis Federation rules (<http://www.ittf.com/Regulations/Regulations.html>), except as modified herein.
- Format:** Competition in men's and women's singles, men's and women's doubles and mixed doubles (single open category, one set of medals). For juniors, competition in singles only. After preliminary round(s), single elimination tournament, best three out of five games to 11 points.
- Equipment:** Competitors must provide own paddles. Competitors must wear court shoes and shirts must contrast with the ball. Balls will be provided.

TEN PIN BOWLING

- Rules:** Tournament will be governed by World Tenpin Bowling Association rules <http://www.wtba.ws/>, except as modified herein. Events are men's and women's singles, men's and women's pairs, mixed pairs (single open category, one set of medals), junior boys and junior girls.
- Format:** There will be a three game series in the singles competition and a three game series in the pairs competition. The highest combined score in each competition is the winner. Ties are resolved by a frame by frame rolloff until there is a winner.

TENNIS

- Rules:** Tournament will be governed by International Tennis Federation rules (which can be found at (<http://www.usta.com/AboutUs/Rules.aspx>), except as modified herein.
- Format:** Competition in men's and women's singles, men's and women's doubles, and mixed doubles (single open category, one set of medals). For juniors, competition in boy's and girls' singles and open junior doubles (no age groups in doubles). After preliminary round(s), single elimination tournament, eight-game pro-set matches. Ties at seven games will be resolved using a 12 point tie-breaker (first to 7, must win by 2).

Equipment: Players provide own rackets. Balls will be provided.

TRACK AND FIELD

Rules: Tournament will be governed by International Amateur Athletics Federation rules ([found here](#)), except as modified herein.

Format: Track Events: 100, 200, 400, 800, 1500, 5000 racewalk (3000 for women), 4x100 relay, 4x400 relay. 100-400, preliminary heats if necessary, eight fastest times to final. 800, preliminary heats if necessary, 12 fastest to final. 1500, preliminary heats if necessary, 15 fastest to final. Junior events are noted below. If a preliminary heat is not necessary, the event will be contested at the scheduled finals time. The competition schedule is as follows:

First Day

3000 M Racewalk (women)
 1500 Heats (if necessary)
 400 M Heats (if necessary)
 100 M Heats
 25 M Heats (if necessary) (5 and under)
 50 M Heats (if necessary) (6-8; 9-11)
 100 M Heats (incl. 12-14, 15-17)
 4x100 M Relay Heats (if necessary)
 1500 Finals
 400 M Finals
 100 M Finals
 25 M Finals (if necessary) (5 and under)
 50 M Finals (if necessary) (6-8; 9-11)
 100 M Finals (12-14, 15-17)
 4x100 M Finals

Second Day

5000 M Racewalk (men)
 200 M Heats (if necessary) (incl. 12-14, 15-17)
 800 M Heats (if necessary)
 4x400 M Relay Heats (if necessary)
 200 M Finals
 800 M Finals
 4x400 M Relay Finals

If there are eight or less entrants in any one event, then a final only will be held as scheduled on the final day. The lists for heats must be checked before the competition by a WTGF sports committee representative and an LOC technical representative.

When there are multiple heats in an event, the ranking of the athletes for advancement will be based solely on time.

The use of starting blocks is not required.

Racewalk will be conducted using the following rules: The athlete makes a progression of steps such that there is always contact with the ground. Complete loss of foot-to-ground contact may not occur. Bent knees are allowed. Disqualification will result when an athlete is judged to be running (both feet off the ground at the same time) in three separate instances during the course of the race.

Field Events: If the number of entries allow, there will be three preliminary attempts, 8 best to final, then 3 attempts in final. Otherwise, three attempts only.

Schedule of Field events:

First Day

Shot Put (men and women, juniors 15 and older only)
 Ball Throw (men and boys)
 Long Jump (men and boys)
 Discus (women)
 High Jump (women and girls 15 and older)

Second Day

Discus (men)
 High Jump (men and boys 15 and older)
 Ball Throw (women and girls)
 Long Jump (women and girls)
 Javelin (men and women)

Shot put weights:

3 kg: men 60 and over; women 50 and over
 4 kg: women under 50.
 5 kg: boys 15 - 17; men 40-59.
 7.26 kg: men 18-39.

Discus weights:

2 kilograms--men under 50
 1 kilogram--women (all age groups) and men 50 and over

Javelin weights:

800 grams--men under 50
 600 grams--women under 50; men 50-69
 400 grams--women 50 and over; men 70 and over

Ball for Ball Throw is 156 gm cricket ball.

High Jump and Shot Put will not be contested for competitors ages 14 and under.

TRIATHLON (Virtual)

Rules: This event will be contested by adding the individual times in the following three events: 5K Road Race, 400M Freestyle Swim, and the 20K Cycling Event, with the lowest total elapsed time ranked first. By entering this event, the competitor is

automatically entering the aforementioned three events; this event does not count as an additional fourth event in its own right.

Format: Competition by gender only (no age groups). To be eligible, an athlete must be deemed to have competed in each of the three events according to the rules of each event.

VOLLEYBALL

Rules: Tournament will be governed by Federation Internationale de Volleyball rules (<http://www.fivb.org/TheGame/Rules.htm>), except as modified herein. National teams are comprised of a minimum of 6 and a maximum of 12 players at least one of whom must be a woman. Teams may choose to use a libero to replace a player in the back row. The libero is required to wear a different color shirt. Up to five substitutions are allowed per game, but none after a team has scored 20 points. A woman must be on court at all times during the match.

Countries bringing 40 or more competitors to the Games may enter two volleyball teams if they wish. In that event, the teams will be designated "One" and "Two" and will be seeded into separate groups for the first round. A player may only play on one team—it is not permitted to change between teams from a country. There is a sixteen team limit for this competition.

Participation in the volleyball competition counts as one of the maximum five events each competitor may enter.

Format: The first round will be played as a "round-robin" where each team in a group plays against each other team in the group. The top team(s) in each group will then progress to the knock-out stages, which will use standard seeding procedures. The first round will be games of two sets to 25; rally scoring, win by 2 or first team to 27. Ties between teams are broken by considering the scores of the sets. The team with the best ratio of points scored divided by points lost is the winner. The bracketed playoff round will be the best two of three games, games to 25 points, rally scoring, win by 2 or first team to 27. Third games, if needed, to 15 points.

Judiciary Committee and Disputes

The WTGF will appoint a Judiciary Committee of at least three persons at least one of whom shall be a representative of the sport technical of the Local Organizing Committee to resolve any dispute arising in conjunction with the sports of the Games. The Judiciary Committee must meet with the LOC and sports organisers, together with WTGF Sports sub-committees delegates, at least one day before the Games and as required during the Games.

The Judiciary Committee will liaise with the LOC Sports' Chairman on an on-going basis and clarify the rules of competition. The members of the Judiciary Committee must be issued mobile phones from the date of their arrival and for the duration of the Games.

The Local Sports Organisers and WTGF representatives will each be present at all events and be introduced to the referees and officials so that their identity is clearly established. On his/her arrival at a venue, the member of the Judiciary Committee should make him/her self known to the officials at the venue.

In the event of a serious breach of discipline, the Judiciary Committee has executive powers to suspend an athlete immediately and refer the matter to the next Council Meeting or to an Extraordinary Council Meeting. The Council has the power to suspend the athlete for the rest of the Games.

Protests

Protests will be made to the referee for each sport with payment of \$60 US or 500 Rand within 30 minutes of declaration of the event result. Protests will be passed to the Judiciary Committee with the head sporting official advising. A decision will be made by the WTGF Judiciary Committee as soon as possible. The fee will be returned if the protest is upheld. If a member of the Judiciary Committee is from a country involved in the protest, that member must recuse himself from the discussion and resolution of the protest.

Results

The day's results should be given to all Team Managers each evening at the Team Managers Meeting. Final results and medal table should be published at the end of the Games. At the end of the Games, a full set of results (including all performances) should be given to each Team Manager.