



# Revised Rules

(March 2012)

# European Transplant & Dialysis Games

## **1 Conditions of Entry**

Entry is open to all recipients of life supporting allograft and/or bone marrow transplants from other individuals or species and to people who are currently receiving dialysis treatment. Athletes must either have been transplanted for at least one year or be on dialysis treatment for at least six months prior to the first day of the Games, be medically fit and have trained in the events in which they have entered.

Ideally, each nation will have selected its best athletes and ensure that they are medically fit and without significant complications of chronic organ failure or immunosuppressive therapy (transplant recipients) or of dialysis therapy (people on dialysis).

## **2 The Registration Process**

All participants must be registered via the Official Games website. Hard-copy registration forms will be available for team managers to use within their teams and each registration must be verified by the relevant team manager to ensure that the participant is legitimate and that all forms have been completed correctly prior to final submission to the Local Organising Committee (LOC).

### **Medical Form**

An ETDSF medical certificate for each athlete must be submitted to the Local Organising Committee (LOC) two months before the start of the Games. The medical certificate must be completed in full and signed by a senior transplant doctor (transplant recipients) or a senior dialysis doctor (people on dialysis). The medical certificates will be reviewed by medically qualified representatives of both the ETDSF and the LOC, and, if deemed unsatisfactory, further information may be sought and the competitor may be refused permission to participate. Failure to submit completed medical forms according to the schedule may result in a refusal to accept a registration from an athlete.

### **Athlete Declaration**

Entry forms must include a signed declaration from each athlete that he/she is fit and has trained for the events entered.

### **Waiver**

Each athlete must also submit a signed "waiver" form which states that they have knowledge and understanding of the rules of their events entered, the physical challenges involved and the medical requirements of the ETDSF.

## **3 Age categories**

Athletes will compete by gender in the following age groups (age on the day of the opening ceremony of the games will apply):

- M2 F2 (18-29 years)
- M3 F3 (30-39 years)
- M4 F4 (40-49 years)
- M5 F5 (50-59 years)
- M6 F6 (60-69 years)
- M7 F7 (70 years+)

Children will compete by gender in the following age groups:

- B G 5 years and under
- B G 6 - 8 years
- B G 9 - 11 years

Juniors will compete by gender in the following age groups:

- JM JF 12 - 14 years
- JM JF 15 - 17 years

In addition, if an athlete at the age of 16 or 17 years competes successfully in their National Transplant Games in the 18-29 years category, they may compete as an adult in the European Transplant & Dialysis Games in their chosen event(s).

Each age group should be identified by a distinct colour so that athletes will be able to easily determine each other's age category during competition.

All competitors in the 70+ year's age category will receive formal recognition of their achievements at the Games.

### **Singles Events:**

All athletes are expected to compete in their own age categories. The only exception is if there are less than 3 entrants in an event age category. In this case, the people involved will compete in the age group below theirs (for example if there are fewer than 3 athletes in a 30-39 years event, the registered athletes will participate in the 18-29 years age category – for one set of medals).

### **Team events, Relays and Mixed Doubles**

Team events, (Volleyball and Darts Triples, Team event in the Road Race), Relay events (Swimming and Track) and Mixed Doubles events (Badminton, Table Tennis, Ten Pin Bowling and Tennis) are one open age category with one set of medals.

## **4 Transplant / Dialysis**

When possible, transplant recipients and people on dialysis will compete in separate categories. If too few dialysed or transplanted competitors have entered one age category in an event, a combined event in this age categories will be held. In these cases there will be one set of medals.

In the following events, transplant recipients and people on dialysis will compete together for one set of medals. Doubles partnerships can be both transplanted, both on dialysis or one transplant recipient and one person on dialysis.

- Badminton Doubles & Mixed Doubles
- Table Tennis Doubles and Mixed Doubles
- Ten Pin Bowling Doubles and Mixed Doubles
- Tennis Doubles and Mixed Doubles
- Golf
- Relays (Swimming and Track)
- Volleyball
- Petanque doubles
- Darts triple mix

Each dialysed competitor must have a rest of a minimum of eight hours after a dialysis treatment before he / she is allowed to compete in an event.

## **5 General points**

All sports are run in accordance with the regulations of their International Governing Bodies except where modified by the ETDSF. Contravening these regulations may result in disqualification.

If in an event – considering all age categories – there are less than 3 athletes then that event will be cancelled. In such cases, the athletes involved will be informed before the Games begin and given the opportunity to choose another sport.

If a dialysed athlete chooses, he/she can compete in their age category for transplant recipients but there will only be one set of medals offered for the category.

Athletes will be allowed to enter a total of five events, in addition to the swimming and track relay events.

Athletes are not permitted to enter events that take place at the same time. Failure of an athlete to appear at an event when called may result in the athlete being scratched or eliminated from that competition. There will be no appeal of any disqualification for failure to appear.

All doubles partnerships and teams must consist of members from one nation only, with the exception of volleyball (an 'international' team can participate but cannot win a medal).

It is not permitted to enter an event after registration has closed. The only exceptions are:

- One of your events has been cancelled due to insufficient numbers and you have been asked to choose another event (before the first day of the Games).
- Where the withdrawal of a participant on health / injury grounds causes a doubles partnership or a team to be short of a player. The replacement, from within the team, must be registered for less than 5 events.

## **6 Seeding**

Where possible, seeding should be used in all events to ensure the fairest competition possible and should be based on results from previous European Transplant & Dialysis Games and World Transplant Games. The entries should be formatted using standard procedures.

## **7 Medals**

- Gold, silver and bronze medals are awarded for all events
- Both losing semi-finalists will be awarded a bronze medal in the following events:
  - Badminton
  - Table Tennis
  - Tennis
  - Petanque

## **8 Judiciary Committee**

The Presidential Committee of the ETDSF will appoint a Judiciary Committee of at least three persons who will work with the relevant sports referees to resolve any disputes. The Judiciary Committee must meet with the Organising Committee and sports organisers at least one day before the Games and as required during the Games.

The Judiciary Committee will liaise with the LOC Sports Chairman and clarify the rules of competition. The members of the Judiciary Committee must be issued with mobile phones from the date of their arrival and for the duration of the Games.

The Judiciary Committee should be identified at the first Team Managers' Meeting at the start of the Games.

The Local Sports Organisers and ETDSF Representatives will each be present at all venues. On their arrival at a venue, members of the Judiciary Committee should make themselves known to the officials at the venue.

In cases of serious breaches of discipline, the Judiciary Committee has executive powers to suspend an athlete immediately from the event they are involved in and refer the matter to the next Presidential Committee Meeting or to an Extraordinary Presidential Committee Meeting. The Presidential Committee has the power to suspend the athlete for the remainder of the Games.

## 9 Protests

Official protests are made to the senior official for the relevant sports competition with payment of €50 (or the equivalent in local currency) within 30 minutes of declaration of the event result. Protests will be passed to the Judiciary Committee with the senior official for the sport involved advising. A decision will be made by the ETDSF Judiciary Committee as soon as possible. The €50 fee will be returned if the protest is upheld. If a member of the Judiciary Committee is from a country involved in the protest, that member must excuse themselves from the discussion and resolution of the protest.

## 10 Results

The official results from each day's competitions should be available to team managers within 24 hours. Final results and the medals table should be published at the end of the Games. The full set of printed results should be given to each Team Manager by e-mail or post at the latest one day after the end of the Games. The medals won by athletes competing in the under 18 years age categories are not counted in the official medal table – a separate medal table should be produced.

## 11 Training

At least one training opportunity has to be provided for athletes in every sport (normally at the competition venue).

## 12 Games Records

Games records should be announced at the medal presentation and marked in the result lists.

## 13 General rules

The full event schedule for the week of the Games must be given to each Team Manager, at the latest, one day before the Games begin. Changes in the event schedule are not permitted unless they are agreed by a majority of the Team Managers at a Team Managers meeting.

Fun events such as competitions for Team Managers, accompanying people and Doctors can be organized during the Games at the discretion of the LOC.

## 14 Sports

### 14.1 Badminton

<b>Transplant Competitors</b>	<b>Dialysis Competitors</b>
<b>Men's Singles</b>	<b>Men's Singles</b>
<b>Ladies' Singles</b>	<b>Ladies' Singles</b>
<b>Under 18's Singles (12-14years, 15-17years)</b>	<b>Under 18's Singles (12-14years, 15-17years)</b>
<b>Men's Doubles (by age categories)-----&gt;</b>	--- → Combined Transplant & Dialysis categories
<b>Ladies Doubles (by age categories)-----&gt;</b>	--- → Combined Transplant & Dialysis categories
<b>Mixed Doubles (Open Age Category) -----&gt;</b>	--- → One combined Transplant & Dialysis category

- At least 8 courts
- Referee for each courts
- Best of 3 games to 15.
- Round robin in the elimination to semi finals
- Equipment: Players provide own racquets. Shuttlecocks will be provided.
- Tournament will be governed by International Badminton Federation rules (<http://www.intbadfed.org/rules.html>) , except as modified herein.

## 14.2 Cycling

Transplant Competitors	Dialysis Competitors
5km Time Trial	5km Time Trial
20km Road Race	20km Road Race

- 5 kilometres (circa) closed course time trial: The winner in each age group will be the individual with the lowest elapsed time.
- 20 kilometres (circa) road race: Some age group races will be combined in the interest of competition, but it is recommended that no race contain more than 25 athletes. Juniors are not permitted to compete in the 20 Km event.
- Bicycles will not be available for rent; you must bring your own. Helmets must be worn. Bicycles must be in a safe and ride-able condition. There will be a mandatory safety inspection for all competitors. Aero-bars are not permitted.
- The event will be governed by International Cycling Union rules (<http://www.uci.ch/english/about/rules.htm>), except as modified herein.

## 14.3 Darts

- Both men's and women's singles and triple mix matches (at least 1 woman in the team) under all age categories. In the single events opening score from 301. For team play the opening score is increased to 501.
- The first to reduce their score exactly to zero is the winner. If greater score is thrown then is required to reduce the remaining score exactly to zero, then none of the three darts count for that throw and the score remains as it was before that particular throw was taken.
- Competitors must provide the own darts and must wear sport court and shoes
- It is a single elimination tournament with matches being a best of three legs.
- Tournament will be governed by international World Darts Federation rules, except the modifications herein. <http://www.dartswdf.com/wp-content/uploads/2010/12/WDF-Playing-Tournament-Rules.pdf>

## 14.4 Mini Marathon

- The event will be staged over a road course or on footpaths wide enough to allow for a safe event. Every effort will be made to provide maximum security for the competitors.
- Water will be available as dictated by the course but ideally at approximately 2/3 of the course distance.
- Men will compete in a 5 kilometre event; women will compete in a 3 kilometre event.
- Events are men's and women's individual (by age group and in transplant and dialysis categories) and men's and women's team (open category).
- Medals: The individual medallists will be the first three finishers in each age group.
- Team competition: open gender and open age category. The team medallists will be determined by adding the place finishes for the first three individuals from each country, with the lowest combined score the winner.

## 14.5 Golf

- The golf tournament is played in the format of Stroke play. Both gross and net scores will be registered. A player can win only one category, gross OR net. The best result for the player decides the outcome.
- The Golf tournament has a handicap limit of 25. Transplant recipients and people on dialysis will play in the same categories.
- The ETDSF reserves the right to refuse any certification for any reason at its sole discretion.

- The golfers will be banded by handicap groups.
- Every player bring his/hers own equipment. Cars on the course will be provided.
- WTG2011 will arrange transport by bus to the golf course.
- The Golf tournament is played by the rules set by the R & A. [www.randa.org](http://www.randa.org)

#### 14.6 Petanque

<b>Transplant Competitors</b>	<b>Dialysis Competitors</b>
<b>Men's Singles</b>	<b>Men's Singles</b>
<b>Ladies' Singles</b>	<b>Ladies' Singles</b>
<b>Men's Doubles (by age categories)-----&gt;</b>	--- → Combined Transplant & Dialysis categories
<b>Ladies Doubles (by age categories)-----&gt;</b>	--- → Combined Transplant & Dialysis categories

- Round robin in the elimination to semi-finals
- Matches play first to 13 wins.
- The Petanque tournament will be played by the rules set by The International Petanque Federation [www.fipjp.com/en/](http://www.fipjp.com/en/)

#### 14.7 Swimming

<b>Transplant Competitors</b>	<b>Dialysis Competitors</b>
<b>18 Years and older:</b>	<b>18 Years and older:</b>
<b>Freestyle:</b> 50m, 100m,400m	<b>Freestyle:</b> 50m, 100m 400m
<b>Breast Stroke:</b> 50m, 100m	<b>Breast Stroke:</b> 50m, 100m
<b>Back Stroke:</b> 50m, 100m	<b>Back Stroke:</b> 50m, 100m
<b>Butterfly:</b> 50m, 100m	<b>Butterfly:</b> 50m, 100m
<b>Individual Medley:</b> 200m	<b>Individual Medley:</b> 200m
<b>Freestyle Relay:</b> 4x50m (Transplant/Dialysis mixed)	
<b>Medley Relay:</b> 4x50m (Transplant & Dialysis mixed)	
<b>Under 18 years old:</b>	<b>Under 18 years old:</b>
12-14years & 15-17years: <b>Freestyle</b> 50m, 100m, 200m	12-14years & 15-17years: <b>Freestyle</b> 50m, 100m, 200m
12-14years & 15-17years: <b>Breast Stroke</b> 50m	12-14years & 15-17years: <b>Breast Stroke</b> 50m
12-14years & 15-17years: <b>Back Stroke</b> 50m	12-14years & 15-17years: <b>Back Stroke</b> 50m
12-14years & 15-17years: <b>Butterfly</b> 50m	12-14years & 15-17years: <b>Butterfly</b> 50m
9-11years: <b>Freestyle</b> 50m	9-11years: <b>Freestyle</b> 50m
9-11years: <b>Breast Stroke</b> 50m	9-11years: <b>Breast Stroke</b> 50m
9-11years: <b>Back Stroke</b> 50m	9-11years: <b>Back Stroke</b> 50m
9-11years: <b>Butterfly</b> 50m	9-11years: <b>Butterfly</b> 50m
<b>Freestyle Relay:</b> 4x50m (Transplant/Dialysis mixed)	
<b>Medley Relay:</b> 4x50m (Transplant & Dialysis mixed)	

- 50m or 25m pool preferably with 8 lanes
- Electronic timing or Time-keeper for each lane measuring eight fastest times to final
- Stroke judges to monitor every lane
- The event will be governed by Federation Internationale de Natation (FINA) rules (<http://www.fina.org/rules.html>) , except as modified herein.
- There will be separate heats or brackets in each age group if more than 8 individuals compete. Advancement to the final will be based solely on times. If there are fewer than eight individuals there will be a straight final. When appropriate, age groups may be combined in the interests of competition and meet management but will be medalled separately.

#### 14.8 Table Tennis

Transplant Competitors	Dialysis Competitors
Men's Singles	Men's Singles
Ladies' Singles	Ladies' Singles
Under 18's Singles (12-14years, 15-17years)	Under 18's Singles (12-14years, 15-17years)
Men's Doubles (by age categories)-----→	--- → Combined Transplant & Dialysis categories
Ladies Doubles (by age categories)-----→	--- → Combined Transplant & Dialysis categories
Mixed Doubles (Open Age Category) -----→	--- → One combined Transplant & Dialysis category

- At least 12 tables
- One referee per table
- Best of 5 games to 11
- Round robin in the elimination to semi-finals.
- Equipment: Players provide own paddles. Balls will be provided.
- Competitors must wear court shoes and dark shirts.
- Tournament will be governed by International Table Tennis Federation rules (<http://www.ittf.com/Regulations/Regulations.html>), except as modified herein.

#### 14.9 Tennis

Transplant Competitors	Dialysis Competitors
Men's Singles	Men's Singles
Ladies' Singles	Ladies' Singles
Under 18's Singles (12-14years, 15-17years)	Under 18's Singles (12-14years, 15-17years)
Men's Doubles (by age categories)-----→	--- → Combined Transplant & Dialysis categories
Ladies Doubles (by age categories)-----→	--- → Combined Transplant & Dialysis categories
Mixed Doubles (Open Age Category) -----→	--- → One combined Transplant & Dialysis category

- At least 8 courts
- One umpire per court
- First to 8 games matches to semi-finals
- Tie break (12 points) at 7 games all
- Best of 3 sets for semi-finals and finals
- Equipment: Players provide own racquets. Balls will be provided.
- Tournament will be governed by International Tennis Federation rules (<http://www.usta.com/rules/>) , except as modified herein.

#### 14.10 Ten Pin Bowling

Transplant Competitors	Dialysis Competitors
Men's Singles & Ladies Singles	Men's Singles & Ladies Singles
Men's Doubles & Ladies Doubles	Doubles One combined Transplant & Dialysis category for Men and one for Ladies
Mixed Doubles (Open Age Category) ---→	Mixed Doubles One combined Transplant & Dialysis category
Under 18's	Under 18's
15-17 years Singles	15-17 years Singles
12-14 years Singles	12-14 years Singles



9-11 years Singles	9-11 years Singles
6-8 years Singles	6-8 years Singles

- At least 16 lanes
- Officials to monitor lanes
- 3 game competitions in Singles and Doubles (15-17 years and all adult age categories)
- 1 game competition in Singles (6-8 years, 9-11 years and 12-14 years)
- Tournament will be governed by World Tenpin Bowling Association rules (<http://www.wtba.org.my/main.htm>), except as modified herein.
- The highest combined score in each competition is the winner. Ties are resolved by a frame by frame roll-off until there is a winner.

#### 14.11 Track & Field

<b>Transplant Competitors</b>	<b>Dialysis Competitors</b>
<b>Men's &amp; Ladies' Track</b>	<b>Men's &amp; Ladies' Track</b>
100m, 200m, 400m, 800m, 1500m	100m, 200m, 400m, 800m, 1500m
4 x 100m Relay (Transplant & Dialysis Combined)	
5km Walk Men, 3km Walk Women	5km Walk Men, 3km Walk Women
<b>Under 18's Track</b>	<b>Under 18's Track</b>
50m (6-8 years; 9-11 years)	50m (6-8 years; 9-11 years)
100m (12-14 years; 15-17 years)	100m (12-14 years; 15-17 years)
<b>Field Events</b>	<b>Field Events</b>
Long Jump	Long Jump
High Jump	High Jump
Shot Putt*	Shot Putt*
Cricket Ball Throw	Cricket Ball Throw
Discus**	Discus**
<b>Under 18's Field</b>	<b>Under 18's Field</b>
Long Jump	Long Jump
Cricket Ball Throw	Cricket Ball Throw

- 8 lanes, 400m running track
- Starters
- Timekeeper for each lane (or electronic time measuring)
- Field Judges

#### Track:

- The 5km and 3km Walking events are Power Walking events. There is one rule - Disqualification will result when athletes are judged to be running (both feet off the ground at the same time) in three separate instances by three separate officials during the course of the race/competition.
- There will be separate heats or brackets in each age group if more than 8 individuals compete. Advancement to the final will be based solely on times. If there are fewer than eight individuals there will be a straight final. When appropriate, age groups may be combined in the interests of competition and meet management but will be medalled separately.
- For Sprints, (100m, 200m, 400m), starting blocks should be available but are not compulsory.

#### Field:

- There will be three preliminary attempts with the 8 best participants advancing to the final. There will be 3 further attempts in the final. Otherwise there will be 3 attempts only.

\* Weights for Shot Putt:

Category	Men	Women
M2 F2 (18-29 years)	7.26kg	4.0kg
M3 F3 (30-39 years)	7.26kg	4.0kg
M4 F4 (40-49 years)	5.0kg	4.0kg
M5 F5 (50-59 years)	5.0kg	3.0kg
M6 F6 (60-69 years)	3.0kg	3.0kg
M7 F7 (70+ years)	3.0kg	3.0kg

\*\*Weights for Discus:

2 kilograms--men under 50

1 kilogram--women (all age groups) and men 50 and over

- The competition will be governed by International Amateur Athletics Federation rules (<http://www.iaaf.org/TheSport/index.asp>), except as modified herein.

#### 14.12 Volleyball

- One team per country where transplant recipients and people on dialysis play together.
- If there are not enough players to form a national team, team managers collect names of people interested from their country and submit them to the LOC before the Games begin. There should be provision for at least one multi-national team to form and to participate but the players cannot medal.
- Participation in the volleyball competition counts as one of the maximum five events.
- Depending on the number of teams, the first round will be played as a "round-robin." The top team(s) in each group will then progress to the knock-out stages, which will use standard seeding procedures. For all matches up to and including the quarterfinals, games will be played over a timed period of 12 minutes. The first team to score 15 points or the team with the highest score at the end of the allotted time period will be the winner. The medal rounds (semi-finals and final) will be the best of 3 games each having a maximum duration of 12 minutes. The first team to score 15 points or the team with the higher score at the end of the 12 minutes will win the game.
- Tournament will be governed by Federation International de Volleyball rules (<http://www.fivb.ch/EN/TheGame/Rules.htm>), except as modified herein.